

While you are a student with us Student Life can provide...

- > Regular meetings with the Care Leaver Co-ordinator at intervals of your choice
- > A welcome pack of essential items (cutlery, crockery etc) if necessary
- > Access to workshops in areas such as confidence building, anxiety and stress management and relaxation
- > Opportunities to get involved with Student Union activities to meet new friends
- > Health & wellbeing packs with information on health services, counselling, healthy eating and other support services
- > Tailored financial advice
- > Help in applying for other financial help including the Access to Learning Fund
- > Help in accessing study skills help
- > Help in accessing information on vacation jobs, part time work and placements

How to find us

You can come to our Student Life Advice Desks in University House, Allerton Building or Adelphi Building and talk to our general adviser, or book an appointment with a specialist adviser.

You can also drop in to the lower floor of University House to browse our Careers library, discuss entrepreneurial activities or arrange to see a careers consultant. Alternatively, visit our websites at www.advice.salford.ac.uk and www.careers.salford.ac.uk or call 0161 295 0023 for more information.

To talk to the specialist care leaver support co-ordinator you can call Student Life on 0161 295 0023 or email the Care Leaver Co-ordinator, Ellie Wharfe at StudentLife-Careleaver@salford.ac.uk. Ellie can be contacted by phone at the Student Life number above.

Alternatively you can visit the web pages for care leaver support at www.advice.salford.ac.uk/page/careleaver

Opening Hours

University House

Monday to Friday 8.30am-5.00pm

Allerton Building

Monday to Friday 10.00am-3.00pm

Adelphi Building

Monday to Friday 10.00am-3.00pm

Careers & Employability at University House

Come in between 8.30am-5.00pm (Mon-Fri) all year around to book a Quick Query appointment. If you need a longer appointment or more specialised advice, this can be arranged when you come in.

If you require this information in an alternative format please contact Student Life.



University of Salford
A Greater Manchester University

Student Life

A guide to support available for care leavers coming to Salford



Student Life

What does University mean to you? Getting a good degree? Meeting people and making friends? Having new experiences and growing as a person? All these things make up your student life, so to help you get the most from your time at Salford, we've created a special department and called it Student Life.

We are here to help and support you - the list below gives you an idea of how we can help.

Support and Advice

- > Benefit advice
- > Bursaries
- > Childcare support
- > Disability support
- > Finance
- > Mental health support
- > Health & Wellbeing
- > Race, Religion & Belief issues
- > Visa problems

We're also here to help you make the most of your student opportunities. Whether it's writing better essays, getting work experience or interview skills, volunteering or being a mentor, you'll be able to get so much more out of your student life by taking advantage of the opportunities we can offer.

Opportunities

- > Careers advice
- > CV support
- > Entrepreneurship
- > Help with application & interviews
- > Mentoring opportunities
- > Part-time and vacation employment
- > Placements
- > Salford Student Life Award
- > Study skills sessions
- > Volunteering opportunities

Drop into University House, or visit our other Student Life Advice Desks at Allerton or Adelphi Buildings. Our general advisers can help immediately with many issues, or they can arrange for you to see a specialist adviser.

Advice services are free and confidential. You are welcome however big or small your question is, or even if you just want to find out what Student Life can offer.

For more information about Student Life services visit www.students.salford.ac.uk

Our commitment to you ...

Student Life and the University of Salford recognise that coming to University for many is a life changing decision. Once that decision is made there are many more decisions you need to make before you graduate and leave us. We want you to get the best out of your course and the whole university experience.

To this end we have put together a package of support specifically for you. You may not need to access all the support available to you, or any at all, but we can help you make the right choices – from application to graduation, to help you get the most from your time with us.

We have a dedicated Care Leaver Co-ordinator who can help you make the right decisions from when you decide Salford is right for you until you graduate and beyond.

The Care Leaver Co-ordinator can help you find solutions with finance worries, accommodation, study skills, welfare issues, careers, part time work, counselling and many other areas. If they can't help you themselves they can put you in contact with a specialist adviser that can.

We will only tell people of your care leaver status on a 'need to know basis', to ensure that you receive the best support possible. We will always ask you first and respect your wishes for confidentiality.

If you want help or support please contact the Care Leaver Co-ordinator. Their contact details are on the back of this leaflet.

Throughout the application process Student Life can offer you ...

- > An initial meeting with the Care Leaver Co-ordinator, even before you have applied if necessary, to guide you through the application process and to answer any questions you may have
- > Pre-entry guidance on course choice
- > Regular contact with the Co-ordinator, either face to face, by telephone or by email – whatever is the most convenient for you!
- > Assistance in filling out your Application for Student Finance form
- > Help in arranging the best accommodation for you. The University can provide, if necessary, student accommodation all year around for the duration of your course
- > Help in paying for you travel expenses to attend Open Days and interviews
- > Liaise with your local authority care worker
- > Help in finding child care provision if necessary
- > Details of events, summer schools and workshops and any new initiatives that may be of interest to you before you start your course

